

Washington Coalition for
Promoting Physical Activity



2005 Growth Management Act Amendments Workshop

March 10, 2006

Washington Coalition for
Promoting Physical Activity



The Washington Coalition for Promoting Physical Activity

*We are a statewide coalition of individuals,
public and private sector organizations
working together to promote regular
physical activity to enhance health, fitness,
and quality of life for the people of
Washington State.*



The Washington Coalition for Promoting Physical Activity

*We promote the objectives of the 2003
Washington State Nutrition and Physical
Activity Plan including the 1996 Surgeon
General's Report on Physical Activity and
Health and Healthy People 2010.*



WCPPA Leadership Team Organizations

- Bicycle Alliance of Washington
- Cascade Bicycle Club
- Center for Public Health Nutrition, University of Washington
- Department of Health (DOH) Injury Prevention
- DOH Nutrition and Physical Activity
- Eastern Washington University
- Health Promotion Research Center, University of Washington
- Interagency Committee for Outdoor Recreation
- National Park Service
- Northwest Physical Activity Coalition
- Northwest Regional Chapter of the American College of Sports Medicine
- Office of the Superintendent of Public Instruction
- Public Health Seattle and King County
- Seattle Pacific University
- Skagit County Physical Activity Coalition
- Spokane Regional Health District
- Tacoma Pierce County Health Department
- Washington State Department of Transportation



The Washington Coalition for Promoting Physical Activity

***WCPPA** advocates for policies and
community environments that encourage
people to be physically active.*



The Washington Coalition for Promoting Physical Activity

*We are a voice for tens of thousands of
members of private and public
organizations, associations and community
groups in 39 counties across Washington.*



2005 Growth Management Act Amendments

- Incorporate bicycle and pedestrian planning into each comprehensive plan
- Consider approaches that promote physical activity



Conclusion

- Community design can either promote or inhibit opportunities for routine, daily physical activity
- Washington is leading the way through the ***2005 Growth Management Act Amendments*** that focus on planning to support the development of active communities



Contact Information

For more information about WCPPA, contact:

Jane Moore

**President & Executive Director
6002 Westgate Blvd, Suite 160
Tacoma, WA 98406
253-307-9873**

Jane_WCPPA@comcast.net

www.beactive.org

